



Privacy Policy
Abundant Health Rehabilitation and Care
Effective Date: 25/02/2025

1. Introduction

Abundant Health Rehabilitation and Care is committed to protecting your privacy and ensuring the security of your personal data. This Privacy Policy outlines how we collect, use, store, and protect your personal information in compliance with the General Data Protection Regulation (GDPR).

2. Types of Personal Data We Collect

We may collect the following categories of personal data:

- Identity Data (e.g., full name, date of birth, ID/passport number)
- Contact Data (e.g., phone number, email, address)
- Medical and Health Data (e.g., medical history, treatment records, rehabilitation progress, prescribed medications)
- Financial Data (e.g., payment details, insurance information)
- Emergency Contact Information
- Any other data necessary for the provision of our services

3. How We Collect Your Data

We collect data through:

- Direct interactions (e.g., filling out forms, consultations, therapy sessions)
- Third parties, such as medical professionals, family members, or insurance providers (with consent)
- Our website and digital services

4. Purpose of Processing Personal Data

We process personal data for the following purposes:

- Providing medical and rehabilitation services
- Managing patient records and treatment plans
- Ensuring patient safety and emergency response

- Complying with legal and regulatory requirements
- Processing payments and insurance claims
- Improving our services and conducting research (with anonymized data)

5. Legal Basis for Processing

We process personal data based on the following legal grounds:

- Consent: When you provide explicit consent for processing your personal data
- Contractual Necessity: When processing is necessary for the provision of rehabilitation services
- Legal Obligation: To comply with legal or regulatory requirements
- Legitimate Interests: When processing is necessary for the legitimate interests of the center, provided it does not override your rights and freedoms

6. Data Sharing and Third Parties

We may share personal data with:

- Medical professionals and therapists involved in your care
- Insurance providers and financial institutions (for billing purposes)
- Regulatory authorities, if required by law
- Third-party service providers (e.g., IT and data security providers), ensuring they comply with GDPR We do not sell or rent personal data to third parties.

7. Data Security

We implement strict security measures to protect personal data, including:

- Encryption of sensitive data
- Restricted access to personal data
- Secure storage of records
- Regular audits and staff training on data protection

8. Data Retention

We retain personal data only for as long as necessary to fulfill the purposes outlined in this policy, in accordance with legal and regulatory obligations. Once no longer needed, data will be securely deleted or anonymized.

9. Your Rights Under GDPR

As a data subject, you have the following rights:

- Right to Access: Obtain a copy of your personal data
- Right to Rectification: Request correction of inaccurate or incomplete data
- Right to Erasure: Request deletion of personal data under certain conditions
- Right to Restrict Processing: Request limitation of processing in specific circumstances
- Right to Data Portability: Receive your data in a structured, commonly used format
- Right to Object: Object to processing based on legitimate interests
- Right to Withdraw Consent: Withdraw your consent at any time To exercise any of these rights, please contact us at info@abundanthealthuk.com

10. Data Transfers Outside the EU

If we transfer personal data outside the European Economic Area (EEA), we will ensure adequate safeguards are in place, such as standard contractual clauses approved by the European Commission.

11. Policy Updates

We may update this Privacy Policy from time to time. Any changes will be posted on our website with the updated effective date.

12. Contact Us

For questions or concerns about this Privacy Policy, please contact:

Abundant Health Rehabilitation and Care:

Address: 334 Canford Lane, Westbury-On-Trym, Bristol BS9 3PW

Email Address: info@abundanthealthuk.com

Phone Number: 0117 403 6353

This Privacy Policy ensures compliance with GDPR and demonstrates our commitment to protecting your personal data.